

# WORLD MENTAL HEALTH DAY



## **Online Seminar on Mental Health: Challenges and Solutions in Current Scenerio**

**10 Oct. 2024**

**Jointly organized by**

**DEPT. OF PSYCHOLOGY,  
VML GOVT GIRLS DEGREE COLLEGE,  
JHANSI**

**AND**

**DEPT. OF PSYCHOLOGY,  
BUNDELKHAND DEGREE COLLEGE,  
JHANSI**

**Schedule**

**Thursday, 10 Oct., 2024**

**Time: 04:00 pm**

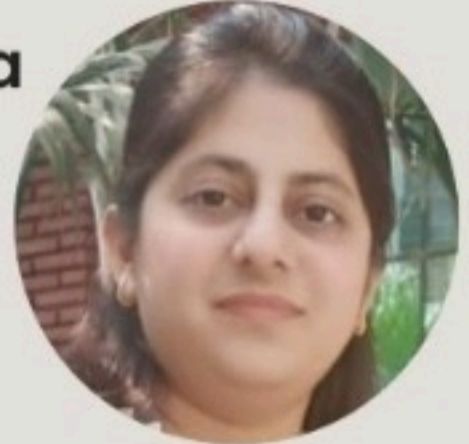
**Via Online Meeting**

**<https://meet.google.com/cwy-qmsj-rgz>**

### **Our Speakers**

**Dr. Meenakshi Shukla**

Assistant Professor  
Dept. of Psychology  
University of Allahabad,  
Prayagraj



**Prashant Rajpoot**

Tele Manas Counselor  
Govt. MDM Hospital, TMC  
Jodhpur  
RCI Registered



**Dr. Puneet Chaudhary**

Mbbs. DNB (training in  
psychiatry) Dip CMH (Nimhans)  
Sr. Medical officer.  
RLBCAU, Jhansi.



### **Chief Patron**

**Prof. Sushil Baboo**

Regional Higher  
Education Officer (RHEO)  
Jhansi & Chitrakoot  
Mandal



### **Coordinators**

**Dr. Smita Jaisawal**

Professor  
Dept. Of Psychology  
Bundelkhand Degree  
College, Jhansi



**Dr. Jyoti Srivastava**

Assistant Professor  
Dept. Of Psychology  
VML Govt. Girls Degree  
College, Jhansi



**Patron: Prof (Dr.) Anubha Srivastava**  
Principal

**(VML Govt. Girls Degree College, Jhansi)**

**Prof. (Dr.) S.K. Rai**  
Principal

**(Bundelkhand Degree College, Jhansi)**

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### **Our Panelist**

**Dr. Deepshikha Mittal**

Rtd. Professor  
Dept. Of Psychology  
Bundelkhand Degree  
College, Jhansi



**Mansi Singh**

Clinical Psychologist  
District Hospital  
Hamirpur.



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### **Technical Support**

- 1. Dr. Mukesh Singh**
- 2. Dr. Parul Singh**
- 3. Mr. Vikas Awasthi**
- 4. Dr. Sweta Dixit**

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### **IQAC Coordinators**

- 1. Prof. Dr. Anju Lata  
(VML Govt. Girls Degree  
College, Jhansi)**
- 2. Prof. Jitendra Tiwari  
(Bundelkhand Degree  
College, Jhansi)**

**Patron: Prof (Dr.) Anubha Srivastava**  
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