

Gender Sensitization Policy

Situated in a region marked by traditional gender norms, Bundelkhand College recognizes the need to act as a catalyst for social change. The college views educational institutions as pivotal in shaping values and behaviors, and therefore committed itself to advancing gender sensitization as a sustained and holistic practice since 2014–15.

Objectives of the Gender Sensitization Initiative

The Gender Sensitization Policy of Bundelkhand College, Jhansi, aims to:

- Promote awareness and shifts in gender-related attitudes and behaviors.
- Challenge stereotypes and foster an environment of equity and inclusivity.
- Empower students, especially female students, with practical skills and confidence.
- Encourage faculty and students to contribute to building a culture of respect.
- Translate ideals of gender equality into lived realities.

Practices

1. Youth Day Celebration

Activities and workshops focusing on girls' awareness, capability enhancement, and personal development are organized to promote gender equality and strengthen confidence.

2. Yoga Training for Girls

Exclusive yoga sessions emphasize self-confidence, stress management, and resilience, helping female students balance physical well-being with emotional strength.

3. Self-Reliance Training (by NSS and Rover & Ranger Units)

Workshops on financial literacy, leadership skills, assertiveness, and career planning enable female students to develop self-reliance and informed decision-making.

4. Rani Laxmibai Jayanti

Celebrations honoring Rani Laxmibai's courage and valor inspire students through dramatic performances and cultural activities, fostering resilience and empowerment.

5. Sports Day

Sporting events highlight physical fitness, teamwork, and wellness for female students, providing opportunities to showcase talent and build camaraderie.

The success of the initiative is evident in the significant increase in the participation of female students in both academics and extracurricular activities. It has also fostered greater awareness and sensitivity on gender-related issues within the college community. Positive feedback from students, faculty, and stakeholders further reflects a noticeable attitudinal and behavioral change, highlighting the effectiveness of the efforts undertaken.

The efforts faced certain challenges, including resistance from conservative sections of society that questioned gender equality initiatives. Limited resources and funding also posed difficulties in sustaining and expanding the programs. In addition, persistent stereotypes and biases within the community highlighted the need for continued advocacy and education to bring about lasting change.

Conclusion

Bundelkhand College's Gender Sensitization Policy reflects a proactive and multifaceted approach to advancing gender equity and inclusivity. The college's sustained initiatives have created a supportive environment for students, empowered women, and inspired cultural change within the campus community. Despite challenges, the policy continues to guide efforts toward fostering equality, respect, and social justice.

